



KEEP ALL MEDICINE OUT OF THE SIGHT AND REACH OF CHILDREN

ALL DANA FABER PROTOCOL

Investigational Window 3-5 days		
Drug	Day	Note
Meticorten	1-5	tabs/day

Induction Week 1-4		
Drug	Day	Note
Vincristine IV	1, 8, 15, 22	
Prednisone PO	1 - 28	tabs/day
Doxorubicin IV	1, 2	
Methotrexate IV over 4 hours	3	Urine tested till pH above 7
Laspar IMI	4	

CNS therapy Week 5-7		
Drug	Day	Note
Methotrexate IT	1, 8, 15	
Cytosar IV		
Hydrocortisone IV		

Intensification for 6 months in 3 weekly cycles		
Drug	Day	Note
Vincristine IV	1	
Prednisone PO	1 - 5	tabs/day
Methotrexate IV	1, 8, 15	
Doxorubicin IV	1	
6MP PO	1 - 15	(puri-nethol)
Laspar IMI	1, 8, 15	NB: check INR, glucose, fibrinogen before injection



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Maintenance therapy till 24 months of CCR		
Drug	Day	Note
Vincristine IV	1	
Prednisone PO	1 - 5	
Methotrexate PO	1, 8, 15	
6MP PO	1 - 15	

Side Effects

Neutropaenia (low white cell count)

- Risk of infection, colds, fever. Please contact rooms/ emergency number if any signs of fever.
- Sores in the mouth (mucositis)
- Diarrhoea
- Mouth Sores

Anaemia

- Symptoms of tiredness
- Shortness of breath
- Dry mouth/ tongue

Low platelet count

- Symptoms of bruising
- Bleeding gums/ nose
- Petichial rash (little purple/ red spots on parts of the body)

Blood tests

- Due to all of the above complications it is necessary to check your blood count regularly to determine whether you may need either a blood transfusion if you red cells are low or an injection to boost the bone marrow to produce white cells. It is called a full blood count.
- A blood test is also done to check that you do not have any signs of infection, it is called a CRP.
- These tests are done every time before you have chemotherapy and if needed in between to check that your counts are not dropping too much.

Risk of getting blood clots/ thrombosis

- Pain in legs/ calves
- Swollen legs
- Chest pain
- Shortness of breath



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- ***Please contact rooms/ emergency number, if you have any of these symptoms/ come to rooms.***
- Because of this danger you will need to have certain blood tests done on the day that you get the Laspar injection. They are to check the clotting factors in the blood and are: - INR; fibrinogen. Glucose is also checked.

Nausea and vomiting

Anti-nausea drugs are given in the infusion as well as tablets to take home. Please use as directed.

Peripheral neuropathy

Numbness of the fingers and feet cause by vincristine

Please inform the doctor if you have these symptoms as the dose of the chemo might have to be reduced.

Hair loss

Usually 2 weeks after start of chemotherapy.

Discolouration of urine

Caused by colouring in doxorubicin (red chemo)

Constipation

Make sure you have regular bowel movements.

Use natural products like; high fibre; bran; oranges if needed.

Kidneys

Drink enough fluids to prevent any kidney problems, kidneys are the filters of the body; you need to take in enough water/ fluids to flush the toxics out of the body.

2 litres of fluid/ day, of which at least 1 litre should be water.

Diet

If your white cells are low and you are at risk of getting infection avoid eating foods which can cause gastritis/ infection. These include:

Take-aways; biltong; nuts; pepper corns.

Ensure meat is properly cooked and eat food right away, do not save and re-heat.

Fatigue

Caused by the drop in red blood cells.

Listen to your body, take it easy and rest when possible.

Important points to remember

The side effects above may be mild or more severe. A side effect may get better or worse through your course of treatment. Or more side effects may develop as the course goes on. This depends on

- How many times you've had the drug before
- Your general health
- The amount of the drug you have (the dose)
- Other drugs you are having



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- Coping with side effects

Talk to your doctor, pharmacist or nurse about all your side effects so that they can help you manage them. Your nurse will give you a contact number. You can ring if you have any questions or problems. They can give you advice or reassure you. If in doubt, call them.

Other medicines

Tell your doctor about any other medicines you are taking, including vitamins, herbal supplements, and over the counter remedies. Some drugs can react together.

Pregnancy and contraception

AC may have a harmful effect on a developing baby. It is important not to become pregnant if you are having this treatment. Talk about contraception with your doctor or nurse before starting the treatment.

Breastfeeding

Breastfeeding is not advisable during this treatment because the drugs may come through in the breast milk.

Medical and dental treatment

If you need to go into hospital for any reason other than cancer, always tell the doctors and nurses that you are having chemotherapy. Give them contact details for your cancer doctor. Talk to your cancer doctor or nurse if you think you need dental treatment. Always tell your dentist you are having chemotherapy. Maintain your dental hygiene.

Immunisations and chemotherapy

You should not have immunisations with live vaccines while you are having this treatment or for at least 6 months afterwards.

Live vaccines include rubella, mumps, measles (usually given together as MMR), BCG and yellow fever. You can have other vaccines, but they may not give you as much protection as usual until your immune system has fully recovered.

It is safe for you to be in contact with other people who've had live vaccines as injections. There can be problems with oral vaccines, but not many people in have oral vaccines now.

So there is usually no problem in being with any baby or child who has recently had any vaccination. You might need to make sure that you aren't in contact with anyone who has had oral polio, cholera or typhoid vaccination recently, particularly if you live abroad.

Family and Friends

Limited access to the chemotherapy facility.